

**Wettkampf 14 - 400m Freistil männlich****AK 70**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Ralf Sigmund	1952/AK 70	SG Schöneberg, Berlin	06:06,05
	100m: 01:23,88 (01:23,88)   200m: 02:57,26 (01:33,38)   300m: 04:32,72 (01:35,46) 400m: 06:06,05 (01:33,33)			
2.	Klaus Beckmann	1951/AK 70	TSG Westerstede	06:26,55
	100m: 01:25,93 (01:25,93)   200m: 03:04,29 (01:38,36)   300m: 04:46,34 (01:42,05) 400m: 06:26,55 (01:40,21)			
3.	Michael Braun	1953/AK 70	TuRa Meldorf	07:05,92
	100m: 01:40,36 (01:40,36)   200m: 03:28,94 (01:48,58)   300m: 05:18,52 (01:49,58) 400m: 07:05,92 (01:47,40)			
4.	Frank Peter	1952/AK 70	SG Neukölln Berlin	07:31,87
	100m: 01:42,59 (01:42,59)   200m: 03:38,93 (01:56,34)   300m: 05:35,50 (01:56,57) 400m: 07:31,87 (01:56,37)			

**AK 65**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Mario Maiwald	1959/AK 65	BSC Robben	05:28,32
	100m: 01:16,10 (01:16,10)   200m: 02:40,44 (01:24,34)   300m: 04:06,17 (01:25,73) 400m: 05:28,32 (01:22,15)			
2.	Frank Schmunck	1959/AK 65	Eberswalder SV	06:21,33
	100m: 01:28,64 (01:28,64)   200m: 03:06,21 (01:37,57)   300m: 04:44,07 (01:37,86) 400m: 06:21,33 (01:37,26)			
	<u>abgemeldet</u>			
	Dirk Zeterberg	1957/AK 65	Zehlendorfer TSV von 1888	

**AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Ulrich Blanke	1961/AK 60	Zehlendorfer TSV von 1888	05:24,84
	100m: 01:16,55 (01:16,55)   200m: 02:40,91 (01:24,36)   300m: 04:05,15 (01:24,24) 400m: 05:24,84 (01:19,69)			
2.	Alexander Middendorff	1961/AK 60	Hannoverscher SV 1892	05:35,98
	100m: 01:19,34 (01:19,34)   200m: 02:45,62 (01:26,28)   300m: 04:12,87 (01:27,25) 400m: 05:35,98 (01:23,11)			
3.	Erk Heinßen	1962/AK 60	Stader Schwimmverein	05:37,70
	100m: 01:19,13 (01:19,13)   200m: 02:46,67 (01:27,54)   300m: 04:13,63 (01:26,96) 400m: 05:37,70 (01:24,07)			
4.	Christian Westphal	1962/AK 60	SV Berolina	05:49,56
	100m: 01:21,22 (01:21,22)   200m: 02:51,36 (01:30,14)   300m: 04:22,38 (01:31,02) 400m: 05:49,56 (01:27,18)			
5.	Bernd Polfuhs	1964/AK 60	Barmstedter MTV	06:19,77
	100m: 01:24,23 (01:24,23)   200m: 03:01,48 (01:37,25)   300m: 04:43,03 (01:41,55) 400m: 06:19,77 (01:36,74)			
6.	Burkhard Lange	1961/AK 60	W98 Hannover	06:39,85
	100m: 01:31,53 (01:31,53)   200m: 03:14,97 (01:43,44)   300m: 05:01,44 (01:46,47) 400m: 06:39,85 (01:38,41)			

**noch Wettkampf 14 - 400m Freistil männlich****noch AK 60**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
7.	Ingo Wolter	1962/AK 60	SSV Ostring 93	06:40,36
	100m: 01:32,81 (01:32,81)   200m: 03:17,57 (01:44,76)   300m: 05:02,43 (01:44,86) 400m: 06:40,36 (01:37,93)			

**AK 55**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Heiko Krumbek	1967/AK 55	Berliner TSC	04:51,00
	100m: 01:08,89 (01:08,89)   200m: 02:22,10 (01:13,21)   300m: 03:36,85 (01:14,75) 400m: 04:51,00 (01:14,15)			
2.	Heiko Boknecht	1968/AK 55	TSV Quakenbrück	05:01,16
	100m: 01:12,97 (01:12,97)   200m: 02:29,37 (01:16,40)   300m: 03:46,30 (01:16,93) 400m: 05:01,16 (01:14,86)			
3.	Michel Keemers	1969/AK 55	Vorspiel SSL Berlin	05:05,50
	100m: 01:10,94 (01:10,94)   200m: 02:27,68 (01:16,74)   300m: 03:46,58 (01:18,90) 400m: 05:05,50 (01:18,92)			
4.	Holger Ludwig	1969/AK 55	ASC Göttingen von 1846	05:11,08
	100m: 01:11,22 (01:11,22)   200m: 02:29,75 (01:18,53)   300m: 03:50,17 (01:20,42) 400m: 05:11,08 (01:20,91)			
5.	Hartmut Anneken	1968/AK 55	TSV Quakenbrück	05:16,87
	100m: 01:16,22 (01:16,22)   200m: 02:36,97 (01:20,75)   300m: 03:57,71 (01:20,74) 400m: 05:16,87 (01:19,16)			
6.	Stefan Burkhardt	1969/AK 55	VfB Hermsdorf	05:32,38
	100m: 01:14,56 (01:14,56)   200m: 02:37,76 (01:23,20)   300m: 04:04,44 (01:26,68) 400m: 05:32,38 (01:27,94)			

**AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Frank Trosien	1972/AK 50	PSV Cottbus 90	04:57,30
	100m: 01:09,94 (01:09,94)   200m: 02:26,10 (01:16,16)   300m: 03:42,38 (01:16,28) 400m: 04:57,30 (01:14,92)			
2.	Andreas Fischer	1970/AK 50	SC Stadthagen	05:14,33
	100m: 01:12,63 (01:12,63)   200m: 02:33,99 (01:21,36)   300m: 03:54,68 (01:20,69) 400m: 05:14,33 (01:19,65)			
3.	Kay Kubis	1974/AK 50	Wasserfreunde Spandau 04	05:18,77
	100m: 01:12,70 (01:12,70)   200m: 02:34,18 (01:21,48)   300m: 03:58,39 (01:24,21) 400m: 05:18,77 (01:20,38)			
4.	Pascal von Berkel	1971/AK 50	Helmstedter SV 1913	05:27,71
	100m: 01:14,25 (01:14,25)   200m: 02:39,12 (01:24,87)   300m: 04:05,42 (01:26,30) 400m: 05:27,71 (01:22,29)			
5.	Rene Antonio Cofré Baeza	1974/AK 50	SVE Hamburg	05:57,29
	100m: 01:20,85 (01:20,85)   200m: 02:51,40 (01:30,55)   300m: 04:25,10 (01:33,70) 400m: 05:57,29 (01:32,19)			
6.	Jens Vahle	1973/AK 50	SC Melle 03	06:22,17
	100m: 01:27,88 (01:27,88)   200m: 03:05,05 (01:37,17)   300m: 04:44,11 (01:39,06) 400m: 06:22,17 (01:38,06)			

**noch Wettkampf 14 - 400m Freistil männlich****noch AK 50**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
7.	Andreas Thalau	1974/AK 50	SSV Ostring 93	06:24,94
	100m: 01:27,09 (01:27,09)   200m: 03:07,06 (01:39,97)   300m: 04:47,05 (01:39,99) 400m: 06:24,94 (01:37,89)			

**AK 45**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Ralf Labecki	1979/AK 45	Hanse SV Rostock	04:50,62
	100m: 01:07,73 (01:07,73)   200m: 02:22,60 (01:14,87)   300m: 03:38,12 (01:15,52) 400m: 04:50,62 (01:12,50)			
2.	Stefan Böttcher	1979/AK 45	SV Grün-Weiß Wittenberg	04:54,16
	100m: 01:10,66 (01:10,66)   200m: 02:25,48 (01:14,82)   300m: 03:40,84 (01:15,36) 400m: 04:54,16 (01:13,32)			
3.	Holger Ladenthin	1979/AK 45	SGS Hannover	05:04,66
	100m: 01:09,90 (01:09,90)   200m: 02:26,39 (01:16,49)   300m: 03:45,10 (01:18,71) 400m: 05:04,66 (01:19,56)			
4.	Jörg Renzenbrink	1975/AK 45	TSV Ueffeln	05:26,36
	100m: 01:19,41 (01:19,41)   200m: 02:41,60 (01:22,19)   300m: 04:06,00 (01:24,40) 400m: 05:26,36 (01:20,36)			

abgemeldet

Jörg Schumann 1975/AK 45 SG Neumünster

**AK 40**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Robert Bitzan	1984/AK 40	SG Berliner Wasserratten	04:49,62
	100m: 01:08,38 (01:08,38)   200m: 02:23,45 (01:15,07)   300m: 03:38,53 (01:15,08) 400m: 04:49,62 (01:11,09)			
2.	Peter Schwenzler	1982/AK 40	SSG Braunschweig	04:59,88
	100m: 01:07,38 (01:07,38)   200m: 02:23,20 (01:15,82)   300m: 03:41,74 (01:18,54) 400m: 04:59,88 (01:18,14)			
3.	Emanuel Schiffner	1984/AK 40	SV Halle	05:01,16
	100m: 01:10,15 (01:10,15)   200m: 02:27,26 (01:17,11)   300m: 03:45,93 (01:18,67) 400m: 05:01,16 (01:15,23)			
4.	Tim Gerloff	1984/AK 40	Hamburger SC	05:10,54
	100m: 01:10,69 (01:10,69)   200m: 02:30,00 (01:19,31)   300m: 03:50,28 (01:20,28) 400m: 05:10,54 (01:20,26)			
5.	Lars Ballenthin	1984/AK 40	Wasserfreunde Spandau 04	05:20,68
	100m: 01:10,46 (01:10,46)   200m: 02:32,80 (01:22,34)   300m: 03:57,52 (01:24,72) 400m: 05:20,68 (01:23,16)			

**AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Steven Koch	1987/AK 35	SV Berolina	04:45,31
	100m: 01:05,54 (01:05,54)   200m: 02:17,14 (01:11,60)   300m: 03:31,23 (01:14,09) 400m: 04:45,31 (01:14,08)			

**noch Wettkampf 14 - 400m Freistil männlich****noch AK 35**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Florian Schleiffer	1989/AK 35	TuS Rotenburg 1861	04:50,62 100m: 01:05,42 (01:05,42)   200m: 02:20,99 (01:15,57)   300m: 03:37,77 (01:16,78) 400m: 04:50,62 (01:12,85)
3.	Mike George	1988/AK 35	Blau-Weiss Buchholz	04:50,97 100m: 01:08,10 (01:08,10)   200m: 02:23,04 (01:14,94)   300m: 03:39,63 (01:16,59) 400m: 04:50,97 (01:11,34)
4.	Martin Frank	1987/AK 35	SV Grün-Weiß Wittenberg	05:26,51 100m: 01:12,54 (01:12,54)   200m: 02:34,71 (01:22,17)   300m: 04:00,98 (01:26,27) 400m: 05:26,51 (01:25,53)

**AK 30**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Marcel Hieronimus	1992/AK 30	BSV Medizin Marzahn 1990	04:57,25 100m: 01:07,07 (01:07,07)   200m: 02:23,05 (01:15,98)   300m: 03:41,26 (01:18,21) 400m: 04:57,25 (01:15,99)
2.	Patrick Küther	1992/AK 30	SC Poseidon Berlin	05:27,13 100m: 01:13,07 (01:13,07)   200m: 02:36,23 (01:23,16)   300m: 04:03,69 (01:27,46) 400m: 05:27,13 (01:23,44)
3.	Sven Meyer	1994/AK 30	WSV Bennigsen	05:33,85 100m: 01:14,00 (01:14,00)   200m: 02:41,69 (01:27,69)   300m: 04:10,43 (01:28,74) 400m: 05:33,85 (01:23,42)
4.	Jean-Michel Biesecker	1992/AK 30	SSG Braunschweig	05:41,23 100m: 01:13,43 (01:13,43)   200m: 02:38,60 (01:25,17)   300m: 04:09,88 (01:31,28) 400m: 05:41,23 (01:31,35)

**AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Tom Maron	1995/AK 25	SG TSG HB10 Bremen	04:31,82 100m: 01:05,94 (01:05,94)   200m: 02:15,55 (01:09,61)   300m: 03:24,11 (01:08,56) 400m: 04:31,82 (01:07,71)
2.	Jochen van Gerpen	1996/AK 25	SV Neptun Emden	04:37,31 100m: 01:04,01 (01:04,01)   200m: 02:14,54 (01:10,53)   300m: 03:26,48 (01:11,94) 400m: 04:37,31 (01:10,83)
3.	Ole Christian Eisenberg	1996/AK 25	Hanse SV Rostock	04:55,74 100m: 01:07,41 (01:07,41)   200m: 02:21,20 (01:13,79)   300m: 03:39,38 (01:18,18) 400m: 04:55,74 (01:16,36)
4.	Jannis Stange	1998/AK 25	SG Bille Hamburg	05:12,73 100m: 01:11,18 (01:11,18)   200m: 02:28,80 (01:17,62)   300m: 03:50,79 (01:21,99) 400m: 05:12,73 (01:21,94)
5.	Lars Bornemann	1998/AK 25	SV Grün-Weiß Wittenberg	05:23,64 100m: 01:12,65 (01:12,65)   200m: 02:34,53 (01:21,88)   300m: 03:59,63 (01:25,10) 400m: 05:23,64 (01:24,01)
6.	Jan Klaus Kühn	1997/AK 25	SG Berliner Wasserratten	05:26,73 100m: 01:11,51 (01:11,51)   200m: 02:34,09 (01:22,58)   300m: 04:03,88 (01:29,79) 400m: 05:26,73 (01:22,85)

**noch Wettkampf 14 - 400m Freistil männlich****noch AK 25**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
7.	René Scharie	1996/AK 25	Wasserfreunde Spandau 04	05:47,99
	100m: 01:15,39 (01:15,39)   200m: 02:45,67 (01:30,28)   300m: 04:17,21 (01:31,54) 400m: 05:47,99 (01:30,78)			

**AK 20**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Norddeutscher Mastersmeister 2024				
	Amon Bode	2001/AK 20	TWG 1861 Göttingen	04:24,22
	100m: 01:02,37 (01:02,37)   200m: 02:10,44 (01:08,07)   300m: 03:17,64 (01:07,20) 400m: 04:24,22 (01:06,58)			
2.	Jakob Mayer	2004/AK 20	ASC Göttingen von 1846	04:25,74
	100m: 01:02,79 (01:02,79)   200m: 02:10,93 (01:08,14)   300m: 03:18,20 (01:07,27) 400m: 04:25,74 (01:07,54)			
3.	Jonas Adrian Gambalat	2002/AK 20	SG TSG HB10 Bremen	04:29,25
	100m: 01:03,36 (01:03,36)   200m: 02:11,36 (01:08,00)   300m: 03:20,56 (01:09,20) 400m: 04:29,25 (01:08,69)			
4.	Mika Omland	2004/AK 20	SG Wilhelmshaven	05:05,50
	100m: 01:08,62 (01:08,62)   200m: 02:26,97 (01:18,35)   300m: 03:48,25 (01:21,28) 400m: 05:05,50 (01:17,25)			
5.	Lars Tramnitzke	2003/AK 20	Wilhelmshavener SSV	06:03,03
	100m: 01:21,82 (01:21,82)   200m: 02:53,77 (01:31,95)   300m: 04:27,06 (01:33,29) 400m: 06:03,03 (01:35,97)			